



ROOTS

ROUGHAM ESTATE CAFÉ

BREAKFAST

SERVED FROM 9.30 - 11.30

Porridge VG 5.95

Made with coconut milk, served with either local honey and dried banana or homemade fruit compote

Roots Fry-up V, VG, GF option available 12.50

Thurston Butchers sausage and black treacle bacon with fried egg (free-range), hash browns, mushrooms, baked beans and a choice of white or wholemeal toast
We politely ask for no substitutions

Scrambled Egg v 6.95

Served on two slices of toasted sourdough
Add smoked salmon | bacon | spinach & mushrooms + £2.95

Eggs Benedict 12.50

Honey roasted ham, poached eggs and hollandaise sauce on a toasted muffin

Eggs Florentine v 11.50

Wilted spinach, poached eggs and hollandaise sauce on a toasted muffin

Eggs Royale 12.50

Smoked salmon, poached eggs and hollandaise sauce on a toasted muffin

Sausage or Bacon Bap GF bread available 5.95

Thurston Butchers sausage or bacon in a soft white bap. Add egg + £1.50

Egg Bap GF bread available 4.95

Two fried eggs in a soft white bap

Toast v 3.95

White or wholemeal bread and butter with your choice of Preserves or Rougham Estate Honey

Breakfast Pastries 3.85

ALLERGEN INFORMATION

Please note that our dishes may contain allergens such as dairy, nuts, eggs, gluten and seafood. We're more than happy to answer any questions about our ingredients. If you have any allergies or dietary restrictions, please let us know before ordering so we can do our best to accommodate.

Tag us @roughamestate  

LUNCH

SERVED FROM 12 - 14.45

Soup of the day V, GF, VG 5.50

Served with a soft white roll or wholemeal bread
Please see our specials board for today's flavour

Roots Quiche of the day v 8.95

Served with salad
Please see our specials board for today's flavour

Rougham Estate Venison Casserole 10.95

Rougham Estate venison cooked in a rich red wine gravy served with crusty bread

Mac & Three Cheese v 11.50

Served with garlic bread and side salad

Suffolk Chicken Caesar Salad 13.95

Thurston Butchers' chicken breast on a bed of cos lettuce, topped with herby croutons, Parmesan and homemade Caesar dressing (contains anchovies)

Roots Warm Seasonal Salad VG 10.95

Seasonal vegetables roasted with garlic, on a bed of rocket and couscous topped with Roots salad dressing

LIGHT BITES

SERVED FROM 11.30 - 14.45

Sausage Roll or Scotch Egg 5.95

Black Dog Deli sausage roll or Edis of Ely scotch egg served with a side salad and house slaw

Thurston's Vegan Roll v 5.95

Served with a side salad and house slaw

Sandwiches GF bread available 7.95

Served on white or wholemeal bread, from The Friendly Loaf Bakery with salad garnish and crisps.

Tuna & Sweetcorn

Egg Mayonnaise & Cress

Cheddar & Red Leicester Cheese with chutney

Suffolk Ham & Wholegrain Mustard

Chicken and Bacon with mayonnaise

Houmous & Roasted Veg Open Sandwich VG

Served on sourdough

Prawn with lettuce & mayonnaise Open Sandwich

Served on white or wholemeal bread

Cakes

served from 9.30am - 4pm

A selection of homemade traybakes and cakes are available. Please ask for details.